

UNDERSTORY AND BOG PLANTS  
OF THE  
SOUTHERN NISBET FOREST

SASKATCHEWAN

Common names of families in alphabetical order  
Common names of plants in alphabetical order within families

This does not pretend to be a complete list; it is a good cross section of plants present.

TREES AND SHRUBS

Birch Family

Beaked hazelnut  
Bog birch  
White birch

Buckthorn Family

Alder leaved buckthorn  
Common buckthorn

Cypress Family

Common juniper  
Horizontal juniper

Dogwood Family

Bunchberry  
Red-osier dogwood

Heath Family

Bearberry  
Canada blueberry  
Labrador tea

Honeysuckle Family

Blue fly honeysuckle  
Low bush cranberry  
Twining honeysuckle  
Western snowberry

Oleaster Family

Canada buffalo berry  
Wolf willow

Rose Family

Narrow leaved meadowsweet  
Prairie rose  
Prickly rose  
Shrubby cinquefoil  
Wild red raspberry  
Wood's rose

Saxifrage Family

Northern gooseberry  
Swamp red currant  
Wild black currant

## HERBACEOUS PLANTS

### Adders-tongue Family

Virginia grape fern

### Arrow-grass Family

Seaside arrow-grass

### Aster or Composite Family

Absinthe

Arrow leaved coltsfoot

Balsam groundsel

Canada thistle

Common yarrow

Dotted blazing star

False dandelion

Flodman's thistle

Gaillardia

Glaucous white lettuce

Goats beard

Hairy golden aster

Low goldenrod

Meadow blazing star

Narrow leaved hawksbeard

Palmate-leaved coltsfoot

Pasture sage

Philadelphia fleabane

Plains wormwood

Prairie sage

Silvery groundsel

Small-leaved pussytoes

Smooth aster

Smooth fleabane

Common yarrow

Woolly yarrow

### Bladderwort Family

Flat leaved bladderwort

### Bluebell Family

Harebell

### Borage Family

Blue-bur

Hoary puccoon

Tall lungwort

### Buckwheat Family

Sour dock

### Buttercup or Crowfoot Family

Canada anemone

Cutleaf anemone

Long fruited anemone

Macoun's buttercup

Marsh marigold

Tall meadow rue

Veiny meadow rue

Wood anemone

### Dogbane Family

Spreading dogbane

### Dogwood Family

Bunchberry

### Evening Primrose Family

Fireweed

Western yellow evening primrose

### Fern family

Fragile fern

### Figwort family

Lilac flowered beardtongue

Paintbrush

Slender beardtongue

Small snapdragon

White beardtongue

### Fumitory family

Golden corydalis

### Gentian Family

Buck-bean

### Geranium Family

Bicknell's geranium

### Ginseng Family

Wild sarsaparilla

Goosefoot Family

Bug-seed  
Winter-fat

Heath Family

Bearberry  
Bog cranberry  
Bog rosemary  
Creeping cranberry  
Dry ground cranberry

Honeysuckle Family

Twin flower

Horsetail Family

Common horsetail  
Scouring rush

Indian Pipe Family

Indian pipe

Iris Family

Blue eyed grass

Lily Family

Bog false asphodel  
Sticky asphodel  
Star flowered Solomon's seal  
Three leaved Solomon's seal  
Western red lily  
Western wild spikenard

Madder Family

Long leaved bluets  
Northern bedstraw  
Small bedstraw  
Sweet scented bedstraw

Milkweed Family

Dwarf milkweed

Milkwort Family

Fringed milkwort  
Seneca root

Mint Family

Beebalm  
Giant hyssop  
Marsh hedge nettle

Mistletoe Family

Mistletoe

Mustard Family

Flixweed  
Leasall's mustard  
Reflexed rock-cress  
Small flowered prairie rocket  
Small wall-flower  
Tower mustard  
Wild mustard

Orchid Family

Blunt leaved orchard  
Early coralroot  
Franklin's lady slipper  
Green flowered bog orchid  
Heart leaved twayblade  
Long bracted orchid  
Northern twayblade  
One leaved bog orchid  
Ram's head lady slipper  
Round leaved orchid  
Small northern bog orchid  
Small yellow lady slipper  
Tall white orchid  
White bog-orchid

Parsley Family

Cow parsnip  
Golden Alexanders  
Heart leaved Alexanders  
Hairy fruited parsley  
Long fruited parsley  
Meadow parsnip  
Prairie parsley  
Snake root

Pea Family

Alsike clover  
American hedysarum  
American vetch  
Black medic  
Cream colored vetchling  
Golden bean  
Ground plum  
Indian breadroot  
Late yellow locoweed  
Narrow leaved vetch  
Purple prairie clover  
Reflexed locoweed  
Wild peavine

Phlox Family

Narrow-leaved collomia

Pink Family

Blunt leaved sandwort  
Drummond's cockle  
Field chickweed  
Long stalked chickweed  
Smooth catchfly  
White cow cockle

Pitcher Plant Family

Pitcher plant

Primrose Family

Mealy primrose  
Pygmy-flower  
Star flower

Rose Family

American wood strawberry  
Dewberry  
Early cinquefoil  
Prairie cinquefoil  
Rough cinquefoil  
Tall white cinquefoil  
Three flowered avens

Sandalwood Family

Northern comandra

Saxifrage Family

Alum root

Bishop's cap (common mitrewort)  
Grass of Parnassus

Sundew Family

Narrow-leaved sundew  
Oblong-leaved sundew  
Round-leaved sundew

Valerian Family

Northern valerian

Violet Family

Northern bog violet  
Western Canada violet

Wintergreen Family

Green flowered wintergreen  
One flowered wintergreen  
One sided wintergreen  
Pink wintergreen

GRASSES AND GRASS-LIKE PLANTS

Grass Family

June grass  
Reed canary grass  
Sweet grass  
Western wheat grass

Rush Family

Baltic rush

Sedge Family

Alpine cotton grass  
Awned sedge  
Beaked sedge  
Bog cotton  
Carex aquatilis  
Golden sedge  
Water sedge

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